DOCUMENT RESUME

ED 390 535 PS 023 648

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TITLE The Emotional Life of the Toddler.
REPORT NO ISBN-0-02-874017-3
PUB DATE 93
NOTE 255p.
AVAILABLE FROM Free Press, 1230 Avenue of the Americas, New York, NY 10020 ($12).
PUB TYPE Books (010) -- Guides - Non-Classroom Use (055)

EDRS PRICE Document Not Available from EDRS.
DESCRIPTORS Affective Behavior; *Attachment Behavior; *Child Development; Childhood Needs; Developmental Stages; Discipline; *Emotional Development; *Parent Child Relationship; Parenting Skills; Personality; Personality Development; *Toddlers

ABSTRACT

Noting that parenting a toddler can be both exhilarating and frustrating, this book draws on lifelong research into children's emotional development to provide parents with a better understanding of toddlers' emotional range and how it affects toddler behavior. The 10 chapters and the conclusion cover the following areas: (1) the emotional importance of early relationships; (2) the toddler's early identity (formed by discovering the world and the body); (3) the challenges of being, and of raising, a toddler; (4) temperament; (5) the active toddler; (6) the shy toddler; (7) early anxieties; (8) issues parents and toddlers must negotiate (such as separation anxiety, toilet training, nighttime difficulties, sibling rivalry, marital squabbles, and discipline; (9) parents' divorce; (10) the toddler in child care; and (11) fostering independence while maintaining a close relationship. Concepts are illustrated with anecdotes, and parenting guidelines are included. Contains 119 references. (JW)

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